



Certificate No. **2085**

*Oldest organised Yoga Centre in the world, recognised as a Research and Training Institute
by the Government of Maharashtra, India.*

This is to Certify that

Satyam Rajan Mangela

*has successfully completed in the academic year **2015***

Comprehensive Yoga Teachers Training Course

Comprising of:

Theory : *The history and philosophy of yoga, mysticism,
and holistic approach of Yoga to life.*

Practical : *Āsanas, Prānāyāmas, Kriyās, Mudras, Bhāvas
and Meditation.*

Application : *Teaching methodology, public speaking and
participation in Health Camps, Educational Workshops and
short courses on Yoga regularly conducted at the Institute.*

*This training was undertaken for **900** hours in **90** days.*

*It will enable him/her to widen his/her spiritual knowledge and
impart knowledge of Yoga to others.*

*The holder of this Certificate has become proficient in teaching the
theoretical, practical and educational aspects of Yoga.*

Lansa. J.

Director

Aravati A. Desai

Dean

Date: **20-7-2015**